

## **Grisedale Round – 12<sup>th</sup> July 2026**

As part of the final round of this year's FRA Junior Fell Running Championships, there will be a brand new senior race which will accompany the U20 race. This follows the 'Grisedale Grind' race route up Grisedale Pike, then descends via Hobcarton End.

Senior race entries are **£5, ENTRY ON THE DAY ONLY.**

### **Race start time:**

- 1.30pm - U20 & Seniors - 5.6km/510m

The route will be fully flagged and marshalled, however please be prepared to carry full FRA kit (full waterproof body cover, hat/buff, gloves, map, compass, whistle).

A map is on the following page

### **Start Location & Parking**

Revelin Moss Car Park, Whinlatter Pass (What3Words - [///musically.danger.pushy](https://www.what3words.com/#!/musically.danger.pushy)). We have special dispensation to park on the forestry tracks above Revelin Moss car park - please enter the car park by the usual entrance and follow the marshals' instructions. Space is however limited, so please try not to arrive with less than three people in your car!

Parking cost: £3 for cars with three or more people, £8 for cars with two people or less. Cash only - please bring the correct change.

### **Amenities**

There will be a food and drink van and toilets on site, with additional amenities available across the road at Whinlatter Visitor Centre.

**Many thanks are due to the Forestry Commission and the National Trust for the land permissions which enable this race to take place. Any profits from the races will be donated to charitable local causes.**

Under 20s and Seniors

